



Carlisle WWR Race



River Eden

The Sands Centre, Carlisle, Cumbria CA1 1JQ

*Saturday May 4th 2024 Check In - 10.00 am -
11.00am*

*Briefing - 11:00am First Run - 12.00 Second Run -
1.00pm*

Presentation - 2.00pm

(Times may be varied on the day according to the number of paddlers)

Entry Fees - £5.00 Adults and £2 Juniors

Wavehopper and Regional Sprint Event - All boat types welcome.

This race is suitable for intermediate and experienced paddlers and will be run on a 500m section of the River Eden, slow flowing water with G2 Sands rapid towards the finish

For beginners there will be a training session before the event, with experienced paddlers around to help, and show them the best route. Bank and boat-based safety will be provided.

Email entries to johnsherwen@hotmail.com

For risk assessment and other details see WWR website

For experienced paddlers new to Whitewater Racing, who would like to try a Whitewater Race Boat, Wavehoppers will be available to borrow. If you wish to use one please let us know when you enter - or preferably before race day.